



# Hi, I'm Eryn

Eryn Price RMT

Founder of The Mastectomy Guide  
Co-founder of The Breast Connection  
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Educator and Speaker

Bringing hope  
to breast and top surgery patients  
through the art & science of  
massage therapy

My Guide. My Journey. My Empowerment.

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## BIOGRAPHY

Eryn has been a professional healer for nearly 25 years, an educator for 10 years and is on a mission to normalize breast care across the continent by getting a trained massage therapist in every town across North America.

She is passionate about providing resources to underserved people, the value of self-care in transforming your health and collaborating with like-minded people making a positive difference in the world.

## SIGNATURE TOPICS

- ✓ Women's empowerment
- ✓ Breast-care IS self-care
- ✓ Breasts as a doorway
- ✓ Massage, yoga, meditation
- ✓ Resilience can be learned

## SUGGESTED QUESTIONS

- ✓ How did you get started with therapeutic breast care?
- ✓ How do you think self-care affects your health?
- ✓ What is most important to focus on to cultivate resilience?



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The  
Mastectomy  
Guide

